**Personal Packing List**

* **PASSPORT AND ID available at all times**

All items must fit into your LifePointe duffle bag.

* Warm sleeping bag, blanket, and pillow (optional)
* Toiletries (toothbrush, toothpaste, brush, soap, and shampoo)
* Towels and wash cloth
* Personal Cleaning Wipes (optional)
* Flashlight (bring extra batteries)
* Water bottle or canteen
* Sunglasses and hat or visor
* Sunblock and lip balm
* Insect repellent
* Work gloves
* Work shoes
* Work clothes (no dresses, shorts, capris, tank tops)
* Warm clothes for evenings
* Camp clothes (shorts and dresses okay)
* Flip flops for shower if you would like
* Jacket and/or sweatshirt
* Rain gear
* Bible, journal and pen
* Spending money
* Camera and film (do we still use film???)
* Ear plugs

You will need a separate **backpack** for the overnight hotel stay. This will not be packed into the trailers on departure **from** Mexico. It is up to you to keep this backpack away from items being loaded into trailer to come home.

* Change of clothes
* Bathing suit for pool or hot tub
* Toiletries
* Anything you need for the ride home.