

Personal Packing List

◇ PASSPORT AND ID available at all times

All items must fit into your LifePointe duffle bag.

- ◇ Warm sleeping bag, blanket, and pillow (optional)
- ◇ Toiletries (toothbrush, toothpaste, brush, soap, and shampoo)
- ◇ Towels and wash cloth
- ◇ Personal Cleaning Wipes (optional)
- ◇ Flashlight (bring extra batteries)
- ◇ Water bottle or canteen
- ◇ Sunglasses and hat or visor
- ◇ Sunblock and lip balm
- ◇ Insect repellent
- ◇ Work gloves
- ◇ Work shoes
- ◇ Work clothes (no dresses, shorts, capris, tank tops)
- ◇ Warm clothes for evenings
- ◇ Camp clothes (shorts and dresses okay)
- ◇ Flip flops for shower if you would like
- ◇ Jacket and/or sweatshirt
- ◇ Rain gear
- ◇ Bible, journal and pen
- ◇ Spending money
- ◇ Camera and film (do we still use film???)
- ◇ Ear plugs

You will need a separate **backpack** for the overnight hotel stay. This will not be packed into the trailers on departure **from** Mexico. It is up to you to keep this backpack away from items being loaded into trailer to come home.

- Change of clothes
- Bathing suit for pool or hot tub
- Toiletries
- Anything you need for the ride home.